



Speed Skating Ontario Time Trials #2

Hosted by the KW Sertoma Speed Skating Club

Date:	Sunday October 16, 2022 This meet is subject to change or cancellation due to COVID-19.
Location:	RIM Park Waterloo, Pillars Ice Pad – 2001 University Ave E. Waterloo RIM Park is located on the traditional territory of the Neutral, Anishinaabeg and Haudenosaunee peoples. The land is part of the Haldimand Tract.
Format:	Skaters aged 14-29 will race in gender-specific groups with seeding based on ability. See the 2022 -2023 Technical Bulletin for details.
Skater Eligibility:	Skaters aged 14-29 with a Speed Skating Ontario Competitive Membership. Entry Time Standards for OSSA Time Trials (skated since Aug 1, 2021) 500m: boys/men category: 1:05.00; girls/women category: 1:10.00 400m: boys/men category: 0:53.06 girls/women category: 0:57.14
COVID-19:	All meets are required to follow all provincial and local public health guidelines. Please stay home if you are feeling unwell.
Sanctioned By:	Speed Skating Ontario and Speed Skating Canada
Entry Fee:	\$75.00 + HST (\$84.75) per person. No refunds after the close of all entries. No exceptions including medical circumstances.
Entry Deadline:	Wednesday October 5, 2022 at 11:59pm. There is no extended deadline.
Entries via:	Speed Skating Ontario members: register through IceReg HERE . Out of Province skaters: contact executivedirector@ontariospeedskating.ca to register.
Check In:	Coaches should notify the Chief Meet Recorder or Chief Referee if any skaters are absent before warmups.
Volunteers:	Please let us know if you are interested in volunteering by completing THIS FORM .
Coaches:	Coaches are required to register in advance of the meet HERE . The Coaches Meeting information will be shared within 72 hours before the meet.
Officials:	The Officials meeting information will be shared within 72 hours before the meet.
Warm Ups	Warm Ups are planned for 8:00am unless otherwise specified on the final distribution.
Meet Contact:	Mary Frances Carter: executivedirector@ontariospeedskating.ca
Equipment:	Please see D3-100 in the SSC Red Book . National team suits (any country) or Ontario suits are not permitted to be worn.