



Ontario Provincial Circuit Mid Season East and West

Hosted by London Speed Skating Club

Date:	December 10-11, 2022 This meet is subject to change or cancellation due to COVID-19.
Location:	Western Fair Sports Centre 865 Florence St. London ON (London Major Appliances Rink) The Western Fair Grounds is located on the traditional territories of the Anishinaabek, Haudenosaunee, Lūnaapéewak and Chonnonton Nations.
Format:	This is an All Points and Ability format meet with mixed gender racing. See the 2022 -2023 Technical Bulletin for details.
Skater Eligibility:	Skaters aged 6-13, Masters, Special O skaters, and skaters aged 14-29 who do not meet the Ontario Elite Circuit time standard, or skaters who have not elected to skate the elite series for the 2022 season.
COVID-19:	All meets are required to follow all provincial and local public health guidelines. Please stay home if you are feeling unwell.
Sanctioned By:	Speed Skating Ontario
Entry Fee:	\$140 per skater No refunds after the close of all entries. Payment made through home clubs. 1 Club Cheque made payable to "London Speed Skating Club"
Entry Deadline:	Wednesday November 30, 2022, at 11:59pm. There is no extended deadline.
Entries via:	All skaters must register through their Club Meet Registrar who sends the Club Entry Spreadsheet to registrar@ontariospeedskating.ca by the entry deadline
Check In:	Coaches should notify the Chief Meet Recorder or Chief Referee if any skaters are absent before warmups.
Volunteers:	Please let us know if you are interested in volunteering by completing THIS FORM .
Coaches:	Coaches are required to register in advance of the meet HERE . The Coaches Meeting time/location will be shared within 72 hours before the meet.
Officials:	The Officials meeting time/location will be shared within 72 hours before the meet.
Warm Ups	8:00 AM
Meet Contact:	(Jeremy Toth and email prez.londonspeedskating@gmail.com)
Equipment:	Please see D3-100 in the SSC Red Book .