



**2023 Canada Winter Games
Team Ontario
Long Track Selection Bulletin**

October 2022

INTRODUCTION

Team Ontario, which will represent Ontario and Speed Skating Ontario (SSO) at the 2023 Canada Winter Games (CWG) in Long Track, will consist of four (4) women and four (4) men. This document outlines the process that SSO will use to select Long Track Team Ontario. Two (2) alternates will be identified per gender but will travel to the Games only if one of the selected team members is not able to attend.

CWG LONG TRACK ELIGIBILITY

To be eligible for selection for Team Ontario at the Canada Winter Games, skaters must:

1. Be a member of SSO in good standing in the 2022-2023 season.
2. Be a member of SSC in good standing in the 2022-2023 season.
3. Properly register with the event organizers for the selection event.
4. Meet the following Canada Winter Games Long Track age restrictions: Competitors who have reached the age of 14 on June 30th, 2022 but have not reached the age of 20 on June 30th, 2022. *Year of Birth:* July 1, 2002 to June 30, 2008 inclusive.
5. Meet the requirements as outlined in Annex 1 (Competitor Eligibility) of the SSC 2023 Canada Winter Games Short Track Technical Package which can be found at the following link: [Long Track CWG Technical Package](#)

Excluded from the Canada Games are:

- National Team Members - Defined as: Athletes who have held an SR, SR1, SR2 or C1 card at any time; and/or athletes who are part of (on the roster of) National Team, NextGen Team or National Team Training Partner (i.e. recognized as a National Team member regardless of event participation)
- Athletes who have previously competed at the following: Senior World Cups, Olympic Games, ISU Four Continent Championships, FISU Games
- If a skater competed in one of the above competitions in Short Track, they would remain eligible to compete at the Canada Winter Games in Long Track.

No athlete can be rendered ineligible within 90 days of the opening of the Games due to National Team status, carding status or competing in an excluded event (i.e., if an athlete is granted National Team status for the first time, carding status or competes in an excluded event after November 20, 2022 they will still be considered eligible to compete at the 2023 Canada Games).

* Athletes who hold a C1 card (as defined by Sport Canada's Athlete Assistance program) or are in their first year of National Team status may be deemed eligible on a case by case basis. Requests must be submitted to the respective P/T Team Chef de Mission and approved by the Canada Games Council's Eligibility Committee.

If an athlete's permanent residence is not within the province of Ontario, that athlete can be eligible to compete for either Province if they are able to show the following:

- 1) The athlete has been a member of a club or Provincial/Territorial Sport Organization in that Province/Territory for the entire previous or current competitive season; AND
- 2) The athlete has represented that Province or Territory at an international, national, or regional championship; AND
- 3) The athlete has not received direct development funding from their Province or Territory of permanent residence within a year of the opening of the Canada Winter Games, unless the funding jurisdiction provides permission for the athlete to compete for another team; OR
- 4) Other similar circumstances may be considered.

Athletes attending school on a full-time basis outside their Province or Territory of permanent residence during the year of the Canada Winter Games shall be permitted to compete for either their Province or Territory of permanent residence or the Province or Territory in which the athlete attends school.

GENERAL

The Technical Committee, using its absolute discretion, will manage all situations not expressly covered by the rules contained within this bulletin.

BYES

The Technical Committee may grant a bye request for a skater to join Team Ontario Long Track due to illness or injury. Such skater must apply in writing to the Technical Committee and attach supporting documentation as evidence of the injury or illness by **January 6, 2023 at 11:59pm** to be considered for selection to Team Ontario. The Committee will apply the SSO Bye Guidelines in respect of all bye requests to Team Ontario. The bye request must be received in accordance with the criteria set out in the SSO Bye Guidelines.

APPEALS

Appeals will be managed in accordance with the SSO Appeals Policy.

LONG TRACK SELECTION

Team Composition

The Canada Winter Games Team – Long Track will consist of 4 men and 4 women.

Selection Event

The Canadian Junior Long Track Championships, held in Quebec City on January 5-6, 2023, will be used for selection for Long Track Team Ontario at the 2023 Canada Winter Games.

Eligibility

Athletes must be minimum B1 Junior (15 years old before July 1, 2022) in order to be eligible to compete in Canadian Junior Long Track Championships and must have achieved a valid Qualifying Time as listed in Appendix C of High Performance Long Track Bulletin 202 which can be downloaded on the [Speed Skating Canada website](#). This time must have been achieved in an ISU/SSC sanctioned event between July 1, 2021 and the entry deadline of the Canadian Junior Long Track Championships.

Athletes who have not achieved a valid Qualifying Time as specified above can submit their interest to participate and their times will be submitted to Speed Skating Canada (SSC) for consideration for entry into the racing in Quebec City on January 5-6 as an out-of-competition skater. Additional athletes may be added to the racing at the sole, full and absolute discretion of the Chairperson of the SSC High Performance Advisory Council – Long Track (HPAC-LT). The best way to guarantee entry is to continue to seek Canada Cup Qualifying Time Standards prior to the registration deadline.

14 year old and 19 year old skaters are not eligible to compete in the Canadian Junior Long Track Championships, but are eligible for CWG. 14 or 19 year old skaters who meet at least one Canada Cup Junior Time Standard by the entry deadline may be added to the entry list of Canada Cup 2 at the sole, full and absolute discretion of the Speed Skating Canada HPAC-LT as an out-of-competition skater, in order to attempt qualification for Canada Winter Games Team Ontario Long Track.

Notification of Intent to Participate

All eligible participants, including 14 and 19 year old skaters, must submit their intent to attempt qualification for Team Ontario Long Track by **December 15, 2022 at 11:59pm** using [this link](#).

Competition Format

Canadian Junior Long Track Championships Event – Competition Format

		<u>Women</u>	<u>Men</u>
Thursday, January 5	DAY 1	500m 1500m	500m 1500m
Friday, January 6	DAY 2	1000m 3000m	1000m 5000m

All athletes seeking qualification for Team Ontario Long Track for the CWG 2023 are required to race all distances, including mass start, at the Canadian Junior Long Track Championships.

Point System

A point system will be used to rank Ontario skaters following each distance.

Placement	Points
1 st	1
2 nd	2
3 rd	3
4 th	4
5 th	5
6 th	6
7 th	7
8 th	8
Etc.	Etc.

Selection Criteria

Positions on Team Ontario Long Track will be assigned in groupings as follows:

- 1 position (per gender) to the combined 500-1000m races, lowest points earned.
- 1 position (per gender) to the winner of the 1500m race.
- 1 position (per gender) to the winner of the female 3000m, male 5000m.
- 1 discretionary position per gender based on selecting the best candidate for Team Ontario. The Technical Committee will select one discretionary skater per gender.

Alternates

Speed Skating Ontario will name up to two alternates per gender. The second place skater in each of the first 3 groupings listed above will be compared and the two skaters with the lowest points earned will be considered as alternates.

Tie Breaker

Skaters' race times will be converted into Sammelagt points when required for tie-breaker purposes.

Grouping	Criteria
500m + 1000m	Combined 500-1000 Sammelagt points
1500m	Next candidate from the 500-1000m grouping
3000m or 5000m	Highest ranking of the 1500m grouping

Should a skater win two groupings, the second place skater in each of those groupings will be compared. The skater with the lowest accumulated points in those groupings shall be named to Team Ontario. Should a tie exist, the 1500m results will determine the outcome of the tie.

Should a skater win all three groupings, the skater with next lowest points in the 500-1000m grouping and the skater from the 1500m grouping with the lowest points shall be named. Should a tie still exist, the Sammelagt point system shall be used.

Posting of Team Ontario

The final list of selected athletes will be posted on January 9, 2023 after race results have been reviewed by the Technical Committee and the discretionary spot has been chosen.

ANNEX A

DECLARATION OF DISCIPLINE

Each athlete who attempts qualification for the Long Track Team Ontario (or, in the case of an athlete who is under 18 years of age, their parent/ guardian) must declare which discipline they will choose to skate at the CWG, should they qualify for Team Ontario in both Short Track and Long Track. This question is included in the intention of interest form that must be submitted by December 15 to Speed Skating Ontario.

All team members will be unable to compete in the discipline (either Short Track or Long Track) in which they are not competing at the CWG for a period of three weeks before first Games event. Each team member must concentrate on the discipline they will be skating at the CWG. The CWG Coach and Manager must approve any exceptions.

ANNEX B

DISCRETIONARY SPOT

In all cases, when choosing the discretionary skater for a vacant spot, the Technical Committee will consider the skater who will best complete the team that has been selected.

This is to ensure maximum likelihood of securing medals and maximizing Games points.

Skaters may be considered for assignment to the discretionary spot for Long Track Team Ontario using their best result in what may be considered Speed Skating Ontario's weakest distance and/or their recent racing history.