

## ONTARIO SHORT TRACK RECORDS (100 M TRACK)

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### Girls 6

DISTANCE	TIME	NAME	CLUB	PLACE	DATE
200 m	32.90	Charlotte Babin	Ottawa	Milton	March, 2016
400 m	1.05.36	Charlotte Babin	Ottawa	Milton	March, 2016
500 m	1.23.34	Lauren Thomas	Milton	Oakville	March, 2013

### Boys 6

DISTANCE	TIME	NAME	CLUB	PLACE	DATE
200 m	28.78	Aiden Taylor	Milton	Milton	March, 2014
400 m	57.79	Aiden Taylor	Milton	Milton	March, 2014
500 m	1.11.92	Aiden Taylor	Milton	Milton	March, 2014

### Girls 7

DISTANCE	TIME	NAME	CLUB	PLACE	DATE
200 m	28.39	Aaralyn McGill	Milton	Oakville	March, 2013
400 m	55.45	Aaralyn McGill	Milton	Oakville	March, 2013
500 m	1.09.42	Aaralyn McGill	Milton	Oakville	March, 2013

### Boys 7

DISTANCE	TIME	NAME	CLUB	PLACE	DATE
200 m	27.15	Michael Borca	Oakville	Milton	March, 2016
400 m	53.39	Michael Borca	Oakville	Milton	March, 2016
500 m	1.07.71	Michael Borca	Oakville	Milton	March, 2016

### Girls 8

DISTANCE	TIME	NAME	CLUB	PLACE	DATE
200 m	25.06	Yilin Liao	King	Milton	March, 2016
400 m	49.00	Yilin Liao	King	Milton	March, 2016
500 m	1.01.00	Yilin Liao	King	Milton	March, 2016
800m	1.43.60	Izabella Zakatsiolo	Oakville	London	March 2015

**Boys 8**

DISTANCE	TIME	NAME	CLUB	PLACE	DATE
200m	25.53	Aiden Taylor	Milton	Milton	March, 2016
300 m	38.60	Andy Giroux	St.Lawrence	London	March, 2015
400 m	50.11	Aiden Taylor	Milton	Milton	March, 2015
500 m	1.01.03	Aiden Taylor	Milton	Milton	March, 2016
800 m	1.47.34	Miller Ashton	Kawartha	London	March, 2015

**Girls 9**

DISTANCE	TIME	NAME	CLUB	PLACE	DATE
200 m	24.34	Izabella Zakatsiolo	Oakville	Milton	March, 2016
300m	35.30	Aaralyn McGill	Cambridge	London	March, 2015
400 m	47.25	Aaralyn McGill	Cambridge	London	March, 2015
500 m	57.98	Kennedy Feasby	Durham	Oakville	March, 2013
1500 m	3.09.53	Aaralyn McGill	Cambridge	London	March, 2015

**Boys 9**

DISTANCE	TIME	NAME	CLUB	PLACE	DATE
200 m	24.47	Seamus Keiley	Kingston	London	March, 2015
300m	35.73	Seamus Keiley	Kingston	London	March, 2015
400 m	47.70	Matthew Freitag	Ottawa	London	March, 2015
500 m	59.98	Alexander Giannotti	Oakville	Oakville	March, 2013
1500 m	3.20.03	Matthew Freitag	Ottawa	London	March, 2015

**Girls 10**

DISTANCE	TIME	NAME	CLUB	PLACE	DATE
200 m	23.84	Kennedy Feasby	Durham	Milton	March, 2014
300m	35.48	Andria Scarpelli	Toronto	London	March, 2015
400 m	44.13	Aaralyn McGill	Cambridge	Milton	March, 2016
500 m	55.29	Aaralyn McGill	Cambridge	Milton	March, 2016
800m	1.30.99	Aaralyn McGill	Cambridge	Milton	March, 2016

1500 m	3.07.57	Kennedy Feasby	Durham	Milton	March, 2014
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### Boys 10

DISTANCE	TIME	NAME	CLUB	PLACE	DATE
200 m	23.99	Frank Feng	Oakville	Milton	March, 2014
300m	35.47	Phoenix Bouma	Ottawa	London	March, 2015
400 m	44.97	Aidan Vanbeek	St. Lawrence	Oakville	March, 2013
500 m	57.39	Kaden Engbers	Gloucester	Oakville	March, 2013
800m	1.34.49	Helios He	Oakville	Milton	March, 2016
1500 m	3.01.99	Kaden Engbers	Gloucester	Oakville	March, 2013

### Girls 11

DISTANCE	TIME	NAME	CLUB	PLACE	DATE
200 m	22.58	Kennedy Feasby	Durham	Kingston	February, 2015
400 m	43.66	Claudia Heeney	Kitchener-Waterloo	Kitchener-Waterloo	February, 2013
500 m	1.02.09	Miranda Grdic	Brampton	Oakville	March, 2013
1500 m	2.52.30	Danna Ballantyne	Ottawa	Kingston	February, 2015

### Boys 11

DISTANCE	TIME	NAME	CLUB	PLACE	DATE
200 m	22.29	Andrew Liou	Oakville	Kitchener-Waterloo	March, 2015
400 m	43.07	Tiago Lee Santos	Oakville	Oakville	March, 2013
500 m	54.36	Bennett Lai	Markham	Clarington	March, 2014
1500 m	2.50.86	Eugene Wong	Markham	Clarington	March, 2014

### Girls 12 (Juvenile 1)

DISTANCE	TIME	NAME	CLUB	PLACE	DATE
100 m	12.74	Anaka Will-Dryden	Oakville	London	March, 2011
200 m	22.40	Kennedy Feasby	Durham	Kitchener-Waterloo	March 2016
400 m	42.52	Claudia Heeney	Kitchener-Waterloo	Newmarket	February, 2014
500 m	53.60	Anaka Will-Dryden	Oakville	London	March, 2011

1500 m	2.48.45	Courtney Sarrault	Gloucester	Kitchener-Waterloo	February, 2013
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### Boys 12 (Juvenile 1)

DISTANCE	TIME	NAME	CLUB	PLACE	DATE
100 m	12.02	Sean McAnuff	Oakville	London	March, 2011
200 m	21.41	Tiago Lee Santos	Oakville	Newmarket	February, 2014
400 m	40.36	Tiago Lee Santos	Oakville	Newmarket	February, 2014
500 m	50.35	Sean McAnuff	Oakville	London	March, 2011
1500 m	2.46.29	Lorenzo Arno	Ottawa	Kitchener-Waterloo	February, 2013

### Girls 13 (Juvenile 2)

DISTANCE	TIME	NAME	CLUB	PLACE	DATE
100 m	12.46	Taylor White	Cambridge	London	March, 2011
200 m	21.33	Renee Steenge	Brampton	Kitchener-Waterloo	February, 2013
400 m	40.99	Juliette Brindamour	Toronto	Newmarket	February, 2014
500 m	51.05	Paisley Perrie	KWL	London	March, 2011
1500 m	2.45.46	Renee Steenge	Brampton	Kitchener-Waterloo	February, 2013

### Boys 13 (Juvenile 2)

DISTANCE	TIME	NAME	CLUB	PLACE	DATE
100 m	11.63	Benjamin Donnelly	Clarington	London	March, 2011
200 m	20.43	Eugene Wong	Toronto	Kitchener-Waterloo	March 2016
400 m	38.78	Joshua Sullivan	Oakville	Kitchener-Waterloo	February, 2013
500 m	48.31	Benjamin Donnelly	Clarington	London	March, 2011
1500 m	2.35.20	Gibson Himbeault	Toronto	Kitchener-Waterloo	February, 2013

### Girls 14 (Junior 1)

DISTANCE	TIME	NAME	CLUB	PLACE	DATE
100 m	12.51	Madi Wright	Cambridge	London	March, 2011
200 m	20.70	Renée Steenge	Brampton	Newmarket	February, 2014
400 m	40.45	Renée Steenge	Brampton	Newmarket	February, 2014

500 m	52.30	Madi Wright	KWL	London	March, 2011
1500 m	2.44.55	Renée Steenge	Brampton	Newmarket	February, 2014

### Boys 14 (Junior 1)

DISTANCE	TIME	NAME	CLUB	PLACE	DATE
100 m	11.46	Joshua Pimpao	Cambridge	London	March, 2011
200 m	20.24	Austin Hendy	Newmarket	Kingston	February, 2015
400 m	37.97	Joshua Sullivan	Oakville	Newmarket	February, 2014
500 m	48.52	Cameron Mitchell	Markham	London	March, 2011
1500 m	2.38.05	Joshua Sullivan	Oakville	Newmarket	February, 2014

## ONTARIO SHORT TRACK RECORDS (111.11 M TRACK)

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### Junior B Girls (15-16)

DISTANCE	TIME	NAME	CLUB	PLACE	DATE
500 m	49.61	Innzbruk Richards	Clarington	Kitchener-Waterloo	February, 2013
1000 m	1.45.87	Innzbruk Richards	Clarington	Kitchener-Waterloo	February, 2013
1500 m	2.44.87	Innzbruk Richards	Clarington	Kitchener-Waterloo	February, 2013

### Junior B Boys (15-16)

DISTANCE	TIME	NAME	CLUB	PLACE	DATE
500 m	44.66	Benjamin Yang	Gloucester	Kitchener-Waterloo	February, 2013
1000 m	1.35.02	William Preudhomme	Toronto	London	March, 2011
1500 m	2.27.85	Cameron Mitchell	Newmarket	Kitchener-Waterloo	February, 2013

### Junior A-Neo Senior Girls (17-22)

DISTANCE	TIME	NAME	CLUB	PLACE	DATE
500 m	49.38	Keri Morrison	Cambridge	London	March, 2011
1000 m	1.47.55	Keri Morrison	Cambridge	London	March, 2011
1500 m	2.49.17	Keri Morrison	Cambridge	London	March, 2011

**Junior A-Neo Senior Boys (17-22)**

DISTANCE	TIME	NAME	CLUB	PLACE	DATE
500 m	45.20	Alphonse Ouimette	St. Lawrence	Newmarket	February, 2014
1000 m	1.34.44	Oliver Gervais	Ottawa	London	March, 2011
1500 m	2.34.86	Alphonse Ouimette	St. Lawrence	Newmarket	February, 2014

**Master Women (30-34)**

DISTANCE	TIME	NAME	CLUB	PLACE	DATE
500 m	53.25	Gail Bouchette	Ottawa	Belleville	December, 2012
777 m	1.25.43	Gail Bouchette	Ottawa	Belleville	December, 2012
1000 m	1.51.02	Gail Bouchette	Ottawa	Belleville	December, 2012
1500 m	2.55.19	Gail Bouchette	Ottawa	Kanata	April, 2011

**Master Men (30-34)**

DISTANCE	TIME	NAME	CLUB	PLACE	DATE
500 m	47.36	Rob McGill	Kitchener-Waterloo	Clarington	March, 2013
777 m	1.15.46	Rob McGill	Kitchener-Waterloo	Clarington	March, 2013
1000 m	1.45.70	Rob McGill	Kitchener-Waterloo	Clarington	March, 2013
1500 m	2.34.77	Rob McGill	Kitchener-Waterloo	Clarington	March, 2013

**Master Women (35-39)**

DISTANCE	TIME	NAME	CLUB	PLACE	DATE
500m	53.79	Gail Bouchette	Ottawa	Gloucester	April, 2014
777 m	1.24.83	Gail Bouchette	Ottawa	Gloucester	April, 2014
1000m	1.50.20	Gail Bouchette	Ottawa	Gloucester	April, 2014
1500 m	2.54.02	Gail Bouchette	Ottawa	Gloucester	April, 2014

**Master Men (35-39)**

DISTANCE	TIME	NAME	CLUB	PLACE	DATE
500m	49.55	Chris Coons	Kawartha	Belleville	December, 2012
777m	1.19.58	Chris Coons	Kawartha	Kitchener-Waterloo	April, 2012
1000 m	1.48.01	Chris Coons	Kawartha	Belleville	December, 2012
1500 m	2.49.70	Chris Coons	Kawartha	Belleville	December, 2012

**Master Women (40-44)**

DISTANCE	TIME	NAME	CLUB	PLACE	DATE
500 m	56.29	Jen Benediktson	Kitchener-Waterloo	Kitchener-Waterloo	April, 2012
777 m	1.28.10	Jen Benediktson	Kitchener-Waterloo	Clarington	March, 2013
1000 m	1.53.09	Jen Benediktson	Kitchener-Waterloo	Clarington	March, 2013
1500 m	2.59.51	Jen Benediktson	Kitchener-Waterloo	Clarington	March, 2013

**Master Men (40-44)**

DISTANCE	TIME	NAME	CLUB	PLACE	DATE
500 m	48.80	Paul Pickard	Quinte	Belleville	December, 2012
777 m	1.18.19	Paul Pickard	Quinte	Kanata	April, 2011
1000 m	1.41.04	Paul Pickard	Quinte	Belleville	December, 2012
1500 m	2.39.65	Paul Pickard	Quinte	Kitchener-Waterloo	April, 2012

**Master Women (45-49)**

DISTANCE	TIME	NAME	CLUB	PLACE	DATE
500 m	54.56	Jen Benediktson	Kitchener-Waterloo	Gloucester	March, 2015
777 m	1.26.77	Jen Benediktson	Kitchener-Waterloo	Gloucester	April, 2014
1000 m	1.52.52	Jen Benediktson	Kitchener-Waterloo	Gloucester	March, 2015
1500 m	2.55.17	Jen Benediktson	Kitchener-Waterloo	Gloucester	March 2015

**Master Men (45-49)**

DISTANCE	TIME	NAME	CLUB	PLACE	DATE
500 m	47.28	Michael Murray	Golden Horseshoe	Belleville	December, 2012
777 m	1.16.51	Michael Murray	Hamilton	Clarington	March, 2014
1000 m	1.38.40	Michael Murray	Golden Horseshoe	Belleville	December, 2012
1500 m	2.42.05	Leonardo Frusteri	Toronto	Clarington	March, 2013

**Master Women (50-54)**

DISTANCE	TIME	NAME	CLUB	PLACE	DATE
500 m	56.15	Sandy Falco	Kitchener-Waterloo	Gloucester	April, 2014
777 m	1.29.16	Sandy Falco	Kitchener-Waterloo	Gloucester	April, 2014
1000 m	1.59.21	Sandy Falco	Kitchener-Waterloo	Gloucester	April, 2014
1500 m	3.03.52	Sandy Falco	Kitchener-Waterloo	Gloucester	April, 2014

**Master Men (50-54)**

DISTANCE	TIME	NAME	CLUB	PLACE	DATE
500 m	47.79	Michael Murray	Golden Horseshoe	Gloucester	April, 2014
777 m	1.16.83	Michael Murray	Golden Horseshoe	Gloucester	April, 2014
1000 m	1.42.58	Cameron Boyd	Toronto	Kitchener-Waterloo	April, 2012
1500 m	2.39.87	Michael Murray	Golden Horseshoe	Gloucester	April, 2014

**Master Women (55-59)**

DISTANCE	TIME	NAME	CLUB	PLACE	DATE
500 m	1.02.21	Kathy Hunt	Kitchener-Waterloo	Kanata	April, 2011
777 m	1.38.19	Kathy Hunt	Kitchener-Waterloo	Kanata	April, 2011
1000 m	2.07.30	Kathy Hunt	Kitchener-Waterloo	Kanata	April, 2011
1500 m	3.15.22	Kathy Hunt	Kitchener-Waterloo	Kanata	April, 2011



**Master Men (55-59)**

DISTANCE	TIME	NAME	CLUB	PLACE	DATE
500 m	54.42	Paul Shoebridge	Kitchener-Waterloo	Clarington	March, 2013
777 m	1.24.26	Paul Shoebridge	Kitchener-Waterloo	Clarington	March, 2013
1000 m	1.52.32	Paul Shoebridge	Kitchener-Waterloo	Clarington	March, 2013
1500 m	2.52.85	Paul Shoebridge	Kitchener-Waterloo	Clarington	March, 2013

**Master Women (60-64)**

DISTANCE	TIME	NAME	CLUB	PLACE	DATE
500 m	1.03.70	Kathy Hunt	Kitchener-Waterloo	Gloucester	April, 2014
777 m	1.39.16	Kathy Hunt	Kitchener-Waterloo	Gloucester	April, 2014
1000 m	2.11.61	Kathy Hunt	Kitchener-Waterloo	Gloucester	April, 2014
1500 m	3.26.17	Kathy Hunt	Kitchener-Waterloo	Gloucester	April, 2014

**Master Men (60-64)**

DISTANCE	TIME	NAME	CLUB	PLACE	DATE
500 m	59.93	Ross Hanham	Milton	Gloucester	April, 2014
777 m	1.33.77	Ross Hanham	Milton	Gloucester	April, 2014
1000 m	2.02.92	Ross Hanham	Milton	Gloucester	April, 2014
1500 m	3.01.77	Ross Hanham	Milton	Gloucester	April, 2014

**Master Women (65-69)**

DISTANCE	TIME	NAME	CLUB	PLACE	DATE
500 m	1.11.99	Shari Campbell	Newmarket	Kitchener-Waterloo	April, 2012
777 m	1.56.61	Shari Campbell	Newmarket	Kitchener-Waterloo	April, 2012
1000 m	2.33.32	Shari Campbell	Newmarket	Kitchener-Waterloo	April, 2012
1500 m	4.11.04	Shari Campbell	Newmarket	Kitchener-Waterloo	April, 2012

**Master Women (70-74)**

DISTANCE	TIME	NAME	CLUB	PLACE	DATE
500 m	1.36.20	Colleen Lynch	Independent	Belleville	November, 2014

**Master Men (75-79)**

DISTANCE	TIME	NAME	CLUB	PLACE	DATE
500 m	1.02.05	Graham Lodge	Kingston	Gloucester	April, 2014
777 m	1.37.19	Graham Lodge	Kingston	Gloucester	April, 2014
1000 m	2.02.46	Graham Lodge	Kingston	Gloucester	April, 2014
1500 m	3.12.80	Graham Lodge	Kingston	Gloucester	April, 2014

**ONTARIO LONG TRACK MASS START RECORDS (400M OR 333M TRACK)****Girls 8 and under**

DISTANCE	TIME	NAME	CLUB	PLACE	DATE
100 m	16.74	Daria Vogt	Gloucester	Ottawa	January, 2013
200 m	30.73	Daria Vogt	Gloucester	Ottawa	January, 2013
400 m	1.03.94	Daria Vogt	Gloucester	Ottawa	January, 2013
500 m	1.18.67	Daria Vogt	Gloucester	Ottawa	January, 2013

**Boys 8 and under**

DISTANCE	TIME	NAME	CLUB	PLACE	DATE
100 m	14.56	Phoenix Bouma	Ottawa	Ottawa	January, 2013
200 m	27.45	Phoenix Bouma	Ottawa	Ottawa	January, 2013
400 m	1.00.20	Phoenix Bouma	Ottawa	Ottawa	January, 2013
500 m	1.08.22	Phoenix Bouma	Ottawa	Ottawa	January, 2013

**Girls 9-10**

DISTANCE	TIME	NAME	CLUB	PLACE	DATE
300 m	37.03	Danna Ballantyne	Ottawa	Ottawa	January, 2013
500 m	1.03.87	Claire Mallard	Ottawa	Ottawa	January, 2013
800 m	1.42.03	Danna Ballantyne	Ottawa	Ottawa	January, 2013
1000 m	2.12.57	Claire Mallard	Ottawa	Ottawa	January, 2013

**Boys 9-11**

DISTANCE	TIME	NAME	CLUB	PLACE	DATE
300 m	35.06	Erik Jolliffe	Gloucester	Ottawa	January, 2013
500 m	58.14	Samuel Hurtubise	Gloucester	Ottawa	January, 2013
800 m	1.40.61	Samuel Hurtubise	Gloucester	Ottawa	January, 2013
1000 m	2.03.85	Samuel Hurtubise	Gloucester	Ottawa	January, 2013

**Girls 11 – To Be Established****Girls 12**

DISTANCE	TIME	NAME	CLUB	PLACE	DATE
300 m	32.97	Aliya Howard	Kingston	Ottawa	January, 2013
3000 m	6.29.45	Aliya Howard	Kingston	Ottawa	January, 2013

**Boys 12**

DISTANCE	TIME	NAME	CLUB	PLACE	DATE
300 m	31.08	Oliver Scharf	Ottawa	Ottawa	January, 2013
3000 m	5.56.19	Noah Bouma	Ottawa	Ottawa	January, 2013

**Girls 13 – To Be Established****Boys 13**

DISTANCE	TIME	NAME	CLUB	PLACE	DATE
300 m	30.35	Nicholas Everett	St. Lawrence	Ottawa	January, 2013
3000 m	6.02.88	Nicholas Everett	St. Lawrence	Ottawa	January, 2013

**Girls 14 – To Be Established****Boys 14**

DISTANCE	TIME	NAME	CLUB	PLACE	DATE
300 m	29.82	Cameron Mason	Cambridge	Ottawa	January, 2013

## ONTARIO LONG TRACK OLYMPIC STYLE RECORDS (400M OR 333M TRACK)

### Girls 11 (Age Class, Olympic Style)

DISTANCE	TIME	NAME	CLUB	PLACE	DATE
100 m	12.76	Kennedy Feasby	Durham	Ottawa	January, 2015
500 m	56.36	Claire Mallard	Ottawa	Ottawa	January, 2014

### Girls 12 (Age Class, Olympic Style)

DISTANCE	TIME	NAME	CLUB	PLACE	DATE
100 m	12.75	Emma Grace Wheeler	St. Lawrence	Ottawa	January, 2014
500 m	52.78	Aliya Howard	Kingston	Ottawa	January, 2013

### Boys 12 (Age Class, Olympic Style)

DISTANCE	TIME	NAME	CLUB	PLACE	DATE
100 m	12.38	Oliver Scharf	Ottawa	Ottawa	January, 2013
500 m	50.30	Oliver Scharf	Ottawa	Ottawa	January, 2013

### Junior Men (ISU Age: Junior C, B, A, Ages 13-18)

DISTANCE	TIME	NAME	CLUB	PLACE	DATE
100 m	11.27	Connor Taugher	St. Lawrence	Ottawa	January, 2014
500 m	41.14	Richard MacLennan	Sault Ste. Marie	Ottawa	January, 2008
1000 m	1.26.45	Maxim Morris	Gloucester	Ottawa	January, 2012
1500 m	2.06.74	Brock Anderson	Gloucester	Ottawa	2003
3000 m	4.36.97	Brock Anderson	Gloucester	Ottawa	2003
5000 m	8.02.20	Cameron Mason	Cambridge	Ottawa	January, 2014

### Junior Women (ISU Age: Junior C, B, A, Ages 13-18)

DISTANCE	TIME	NAME	CLUB	PLACE	DATE
100 m	12.60	Kara Neveau	Sault Ste. Marie	Ottawa	January, 2014
500 m	44.71	Isabelle Weidemann	Gloucester	Ottawa	January, 2013
1000 m	1.30.62	Isabelle Weidemann	Gloucester	Ottawa	January, 2013
1500 m	2.16.72	Isabelle Weidemann	Gloucester	Ottawa	January, 2013
3000 m	4.55.56	Isabelle Weidemann	Gloucester	Ottawa	January, 2013

**Senior Men (ISU Age, 19-29)**

DISTANCE	TIME	NAME	CLUB	PLACE	DATE
500 m	40.49	Jeff Moir	Oakville	Ottawa	2003
1000 m	1.19.56	Cailean Duggan	Gloucester	Ottawa	2003
1500 m	2.02.04	Cailean Duggan	Gloucester	Ottawa	2003
3000 m	4.45.41	Gaspar Aceti	Sault Ste. Marie	Sault Ste. Marie	2003
5000 m	7.37.38	Jamie Ivey	Gloucester	Ottawa	2003

**Senior Women (ISU Age, 19-29)**

DISTANCE	TIME	NAME	CLUB	PLACE	DATE
500 m	45.14	Catherine McLean	Sault Ste. Marie	Sault Ste. Marie	2000
1000 m	1.33.93	Catherine McLean	Sault Ste. Marie	Sault Ste. Marie	2001
1500 m	2.30.90	Chantal Coté	Ottawa	Ottawa	1984
3000 m	5.19.00	Chantal Coté	Ottawa	Ottawa	1983

**Master Men (30-34) – To Be Established****Master Women (30-34) - To Be Established****Master Men (35-39)**

DISTANCE	TIME	NAME	CLUB	PLACE	DATE
500 m	49.12	Darryl Rowsell	Durham	Ottawa	January, 2014
1000 m	1.53.88	Darryl Rowsell	Durham	Ottawa	January, 2014
1500 m	3.01.88	Darryl Rowsell	Durham	Ottawa	January, 2014

**Master Women (35-39)**

DISTANCE	TIME	NAME	CLUB	PLACE	DATE
500 m	51.32	Sarah Leslie	Ottawa	Ottawa	January, 2013
1000 m	1.43.82	Sarah Leslie	Ottawa	Ottawa	January, 2013
1500 m	2.38.53	Sarah Leslie	Ottawa	Ottawa	January, 2013
3000 m	5.46.95	Sarah Leslie	Ottawa	Ottawa	January, 2013

**Master Men (40-44)**

DISTANCE	TIME	NAME	CLUB	PLACE	DATE
500m	51.60	Darryl Rowsell	Durham	Ottawa	January, 2015
1500 m	2.51.09	Chris Barrett	Durham	Ottawa	January, 2014
3000m	6.33.84	Leo Zan	Toronto	Ottawa	January, 2015
5000 m	10.48.47	Chris Barrett	Durham	Ottawa	January, 2014

**Master Women (40-44)**

DISTANCE	TIME	NAME	CLUB	PLACE	DATE
500 m	1.01.86	Jennifer Boyer	Ottawa	Ottawa	January, 2014
1000 m	2.11.12	Jennifer Boyer	Ottawa	Ottawa	January, 2014
1500 m	3.30.75	Alicia Weiss	Ottawa	Ottawa	January, 2014
3000 m	6.49.45	Jennifer Boyer	Ottawa	Ottawa	January, 2014

**Master Men (45-49)**

DISTANCE	TIME	NAME	CLUB	PLACE	DATE
500 m	47.56	Marc Hinton	Ottawa	Ottawa	January, 2014
1000 m	1.44.88	Marc Hinton	Ottawa	Ottawa	January, 2013
1500 m	2.30.01	Marc Hinton	Ottawa	Ottawa	January, 2015
3000 m	5.42.51	Kevin Frost	Gloucester	Ottawa	January, 2015
5000 m	9.55.64	Marc Hinton	Ottawa	Ottawa	January, 2014

**Master Women (45-49)**

DISTANCE	TIME	NAME	CLUB	PLACE	DATE
500 m	54.23	Jen Benediktson	Kitchener-Waterloo	Ottawa	January, 2015
1000 m	1.47.45	Jen Benediktson	Kitchener-Waterloo	Ottawa	January, 2015
1500 m	3.00.98	Jen Benediktson	Kitchener-Waterloo	Ottawa	January, 2015
3000 m	6.02.53	Jen Benediktson	Kitchener-Waterloo	Ottawa	January, 2015

**Master Men (50-54)**

DISTANCE	TIME	NAME	CLUB	PLACE	DATE
500 m	46.09	Larry Magloire	Brampton	Ottawa	January, 2013
1000 m	2.39.93	Jose Botero	Kawartha	Ottawa	January, 2014
1500 m	2.24.02	Larry Magloire	Brampton	Ottawa	January, 2015
3000 m	5.20.43	John Pillar	Ottawa	Ottawa	January, 2013
5000 m	9.25.97	Larry Magloire	Brampton	Ottawa	January, 2014

**Master Women (50-54)**

DISTANCE	TIME	NAME	CLUB	PLACE	DATE
500m	57.26	Sandy Ramer	Kitchener-Waterloo	Ottawa	January, 2015
1000m	1.54.23	Sandy Ramer	Kitchener-Waterloo	Ottawa	January, 2015
1500 m	3.14.39	Sandy Ramer	Kitchener-Waterloo	Ottawa	January, 2015
3000 m	6.28.20	Sandy Ramer	Kitchener-Waterloo	Ottawa	January, 2015

**Master Men (55-59)**

DISTANCE	TIME	NAME	CLUB	PLACE	DATE
500 m	52.44	Ross Hanham	Milton	Ottawa	January, 2014
1500 m	2.50.79	Ross Hanham	Milton	Ottawa	January, 2014
3000 m	5.44.56	Ross Hanham	Milton	Ottawa	January, 2014
5000 m	9.55.60	Ross Hanham	Milton	Ottawa	January, 2014

**Master Men (60-64)**

DISTANCE	TIME	NAME	CLUB	PLACE	DATE
500 m	55.98	Ross Hanham	Milton	Ottawa	January, 2015
1500 m	2.44.02	Ross Hanham	Milton	Ottawa	January, 2015
3000 m	6.21.14	Ross Hanham	Milton	Ottawa	January, 2015
5000 m	9.57.83	Ross Hanham	Milton	Ottawa	January, 2015

**Master Women (70-74)**

DISTANCE	TIME	NAME	CLUB	PLACE	DATE
500 m	1.29.70	Colleen Lynch	Independent	Ottawa	January, 2015
1000 m	3.10.08	Colleen Lynch	Independent	Ottawa	January, 2015