





Ontario Short Track Provincial Championships

Hosted by Sudbury Sprinters Speed Skating Club

Date:	Saturday, March 8, 2025 - Sunday, March 9, 2025
Location:	Gerry McCrory Countryside Sports Complex, Ice Pad 1 235 Countryside Dr, Greater Sudbury, ON P3A 5A2 Sudbury is on the Robinson-Huron Treaty territory and the land is the traditional territory of the Atikameksheng Anishnawbek as well as Wahnapitae First Nation.
Format:	Please see the 2025 Provincial Championships Technical Bulletin for details.
Skater Eligibility:	All skaters must have a Speed Skating Ontario Competitive Membership to be eligible to participate in the Ontario Provincial Championships.
	Skaters aged 9-29 before July 1, 2024 must have competed in at least two Ontario Provincial Circuit meets in the 2024-2025 season to be eligible to participate in the Ontario Provincial Championships.
	Masters skaters must have competed in at least one Ontario Provincial Circuit meet in the 2024- 2025 season to be eligible to participate in the Ontario Provincial Championships.
	The Ontario Provincial Midseason meet counts as an eligible meet for the 2024-2025 Ontario Provincial Circuit.
	Skaters who are 13 years of age or older who participated in the Ontario Elite Championships are not eligible for the Ontario Provincial Championships.
	Special Olympic Skaters
Health Measures:	Please stay home if you are feeling unwell.
Sanctioned By:	Speed Skating Ontario
Entry Fee:	130\$ per person. No refunds after the close of registration.
Entry Deadline:	The early registration deadline for the Ontario Provincial Championships is Sunday February 16, 2025 at 11:59pm. To guarantee your t-shirt size, register by the early registration deadline. Registrations will be accepted until the final registration deadline of Sunday February 23, 2025 at 11:59pm. Late registrations will not be accepted.
Entries via:	All skaters must register through IceReg
Volunteers:	Please let us know if you are interested in volunteering when completing registration through IceReg.
Coaches:	Coaches in the coaches' box must meet the NCCP and SSO requirements indicated in SSO in the Technical Bulletin. Coaches are required to register in advance of the meet on the "Meet Information" page on the SSO website. The Coaches Meeting time/location will be shared within 24 hours before the meet.
Officials:	The Officials meeting time/location will be shared within 24 hours before the meet.
Warm Ups:	Warmup times will be confirmed with the final distribution.
Meet Contact:	Caleb Caunce events@ontariospeedskating.ca







Equipment:

All skaters are required to meet the equipment requirements outlined in the SSC Red Book available on the "Meet Information" page on the SSO website.