Ontario Provincial Midseason Meet
Hosted by London Speed Skating Club

Date:	December 9-10, 2023
Location:	**Western Fair Sports Centre 865 Florence St. London ON** (London Major Appliances Rink) The Western Fair Grounds is located on the traditional territories of the Anishinaabek, Haudenosaunee, Lūnaapéewak and Chonnonton Nations.
Format:	Ability seeding. Mixed gender racing. All points format. Relays may be included if time allows. Relay priority is for skaters preparing to represent Ontario at Canadian Youth Short Track Championships. See Technical Bulletin for additional details.
Skater Eligibility:	Skaters aged 9-12 as of July 1, 2023 with a recommended 400m time standard of 1:08.00. Skaters aged 13-29 as of July 1, 2023, that do not meet time standards for the Elite Circuit, or who decline racing in the Elite Circuit. Master's skaters from all regions in Master specific racing groups. Special Olympic Skaters All skaters are required to have a Speed Skating Ontario Competitive membership.
Health Measures:	Please stay home if you are feeling unwell.
Sanctioned By:	Speed Skating Ontario
Entry Fee:	$120.00 per person. No refunds after the close of all entries.
Entry Deadline:	**Wednesday November 29, 2023 at 11:59pm. There is no extended deadline.**
Entries via:	All skaters must register through IceReg HERE
Check In:	Coaches are required to check in and confirm skaters' participation.
Volunteers:	Please let us know if you are interested in volunteering by completing THIS FORM
Coaches:	Coaches in the coaches' box must meet the NCCP requirements indicated in the SSO Technical Bulletin Coaches are required to register in advance of the meet HERE. The Coaches Meeting time/location will be shared within 24 hours before the meet.
Officials:	The Officials meeting time/location will be shared within 24 hours before the meet.
Warm Ups:	Warmup times will be confirmed with the final distribution.
Meet Contact:	Caleb Caunce events@ontariospeedskating.ca
Equipment:	Please see D3-100 in the SSC Red Book