



Central Regional Meet

Hosted by Markham Speed Skating

Date:	November 15, 2025 10am - 2pm First race 10am Sharp
Location:	Mount Joy Community Centre 6140 16th Avenue, Markham, ON, L3P 3K8 The City of Markham is situated upon traditional territories of the Anishinaabe Peoples and of the Haudenosaunee Peoples.
Skater Eligibility:	Skaters with a Speed Skating Ontario Club Membership aged 4-8 or older novice skaters as identified by their Club Coach. Provincial Circuit skaters are not eligible. From clubs: Markham, Toronto, Durham, Newmarket, Brampton, Barrie and Flex Regions: Sudbury, Sault Ste. Marie, Thunder Bay
Health Measures:	Please stay home if you are feeling unwell.
Sanctioned By:	Speed Skating Ontario Super Final Format: Mixed gender, fun introductory racing. No on-ice warm ups.
Entry Fee:	\$40 per person. No refunds after the close of registration.
Entry Deadline:	November 5, 2025 at 11:59pm.
Entries via:	Skaters register through their home club. 200M seed time required. Club to submit skater information using this form to registrar@markhamspeedskating.org Payment by Club Cheque or E-transfer to info@markhamspeedskating.org
Check In:	Coaches should notify the host club if any skaters are absent before racing begins.
Volunteers:	Please let us know if you are interested in volunteering by contacting valeriew.msskating@gmail.com
Coaches:	No formal meeting. Coaches will meet prior to the start of racing in the coaches box.
Officials:	No formal meeting. Officials will meet at 9:40am at their station.
Meet Contact:	valeriew.msskating@gmail.com
Equipment:	Please see D3-100 in the SSC Red Book .