



Ontario Family Day Meet

Hosted by: Hamilton Speed Skating Club

Date:	Monday February 19 th , 2024
Location:	Chedoke Twin Pad – 91 Chedmac Dr. Hamilton, ON, L9C 7R5 The Chedoke Twin Pad is located on the territory of the Haudenosaunee Anishinabewaki, Attiwonderonk (Neutral), Mississauga and Mississaugas of the Credit First Nation peoples
Format:	Format to be determined after the close of registration.
Skater Eligibility:	Any regional or provincial skater, up to and including age 14 as of July 1, 2023, from the West Region (Newmarket, Barrie, Brampton, Milton Oakville, Hamilton, Niagara, Cambridge, Kitchener Waterloo and London) and Flex clubs (Sudbury, Sault Ste. Marie and Thunder Bay) who do not meet the elite time standard, or has elected not to compete in elite. Skaters from the East region will be accepted into the meet as space allows.
Health Measures:	Please stay home if you are feeling unwell.
Sanctioned By:	Speed Skating Ontario (SSO)
Entry Fee:	\$45.00 per person. No refunds after the Entry Deadline.
Entry Deadline:	Friday February 9, 2024 at 11:59pm. Late registrations will not be accepted. Registrations may be limited depending on number of registrations and ability.
Entries via:	Skaters from: Newmarket, Barrie, Brampton, Milton, Oakville, Hamilton, Niagara, Cambridge, Kitchener Waterloo, London and Flex Clubs must register through IceReg Skaters looking to register from the East region, please submit your interest by completing the google form on the Meet Announcement page on the SSO website HERE . After the Entry Deadline, SSO will review meet capacity to determine if there is space available in the meet. SSO will share a Final List of Skaters accepted into the meet with the Clubs.
Check In:	Please check in and confirm the skaters' participation.
Volunteers:	Please let us know if you are interested in volunteering when completing registration through IceReg
Coaches:	Coaches are required to register in advance of the meet HERE . The Coaches Meeting time/location will be shared within 24 hours before the meet.
Officials:	The Officials meeting time/location will be shared within 24 hours before the meet.
Warm Ups:	Warmup times will be confirmed with the final distribution.
Meet Contact:	Caleb Counce events@ontariospeedskating.ca
Equipment:	Please see D3-100 in the SSC Red Book