



Ontario Provincial Circuit Meet East #1

Hosted by Kingston Striders Speed Skating Club

Date:	October 10, 2026
Location:	Cataraqui Arena, 1030 Sunnyside Rd, Kingston, ON K7L 4V4 Speed Skating Ontario and the Kingston Striders Speed Skating Club acknowledge that the ice we skate on and the lands we gather upon are the traditional territories of the Wendake-Nionwentsio, Haudenosaunee, and Mississauga peoples. We recognize the enduring relationship between these Indigenous peoples and their traditional lands and waters. Our relationship to this land is rooted in play—bringing people together to nurture fun, safety, and community through sport. We commit to stewarding these lands with the same intention we bring to sport: ensuring they thrive for generations to come. Let this be a living commitment, reflected in how we learn, share, and honor the wisdom of those who have cared for these waters and lands since time immemorial.
Format:	See the 2026-2027 SSO Technical Bulletin for details.
Skater Eligibility:	The following skaters are invited to participate: Skaters aged 9-12 as of July 1, 2026 with a recommended 400m time standard of 1:08.00 Skaters aged 13-29 as of July 1, 2026, who do not meet time standards for the Elite Circuit, or who decline racing in the Elite Circuit. Master Skaters All skaters are required to have a Speed Skating Ontario Competitive membership. East: Ottawa, Gloucester, St. Lawrence, Kingston, Quinte, Kawartha, Durham, Markham, Toronto, Meteor, York Flex clubs: Sudbury, Sault Ste Marie, Thunder Bay
Sanctioned By:	Speed Skating Ontario (SSO)
Entry Fees and Deadlines:	Early Registration Deadline: Register before September 20, 2026 \$80.00 Registration Deadline: September 30, 2026 \$90.00 (Fees after the Early Registration Deadline and before the Registration Deadline on September 30, 2026) Late entries may be accepted, up to 24 hours after the close of registrations, if space allows. In addition to the registration fee a \$50.00 late fee will apply.
Entries via:	All skaters must register through IceReg.
Check In:	Coaches are required to notify the Provincial Registrar as soon as they become aware of a scratch.
Volunteers:	If you are interested in volunteering, please let us know through the registration process in IceReg.
Coaches:	Coaches in the coaches' box must meet the SSO requirements indicated in the SSO Technical Bulletin. Coaches are required to register in advance of the meet in IceReg.
Coaches and Officials Meeting:	The Coaches and Officials meeting time/location will be shared within 24 hours of the meet.
Warm Ups:	Warmup times will be confirmed with the final distribution.
Meet Contact:	Caleb Caunce events@ontariospeedskating.ca
Equipment:	All skaters are required to meet the equipment requirements outlined in the SSC Red Book and included in the 2026-2027 SSO Technical Bulletin.