



Eligibility Requirements for Ontario Short Track Championships 2025-2026

All skaters must have a Speed Skating Ontario (SSO) competitive (or national) membership to compete in Ontario Championships events.

Eligibility for Ontario Elite Championships includes:

Skaters aged 13-29 years old before July 1, 2025 who have met the Ontario Elite Circuit time standards and have competed on an elite short track racing pathway this season by competing in **at least three (3) meets**:

- two (2) Ontario Elite Circuit Meets
- the third meet could be an Ontario Elite Circuit Meet, an Ontario Single Distance event, an SSC National Competition, or a Long Track Competition sanctioned by a PTSO or SSC.

Skaters aged 13-29 years old before July 1, 2025 who have met the Ontario Elite Circuit time standards and have moved from the Provincial Circuit to the Elite Circuit during the 2025-2026 season and have competed in **at least three (3) meets**:

- an Ontario Provincial Circuit Meet
- at least one Ontario Elite Circuit Meet
- the third meet could be an Ontario Provincial Circuit Meet, an Ontario Elite Circuit Meet, an Ontario Single Distance event, an SSC National Competition, or a Long Track Competition sanctioned by a PTSO or SSC.

Eligibility for Ontario Provincial Championships includes:

Skaters aged 9-29 before July 1, 2025 who have competed in **at least two (2)** Ontario Provincial Circuit meets this season. The Ontario Provincial Midseason meet counts as an eligible Ontario Provincial Circuit meet.

Eligibility for the Ontario Masters Championships includes:

Masters skaters, or Seniors who opt to race in the Masters Designated racing group, who have competed in **at least one (1)** Ontario Masters Designated Events this season.

Bye Requests

SSO will not accept bye requests for missed meets throughout the season. Athletes should strive to meet the eligibility criteria for Championships. SSO will accept a request for consideration for Championships eligibility if an athlete is unable to meet the Championships eligibility criteria.