



# Ontario Provincial Circuit West #1

Hosted by Kitchener-Waterloo Sertoma Speed Skating Club

|                     |   |
|---------------------|---|
| Date:               | Sunday October 15, 2023   |
| Location:           | <b>RIM Park Waterloo, Pillars Ice Pad – 2001 University Ave E. Waterloo</b><br>RIM Park is located on the traditional territory of the Neutral, Anishinaabeg and Haudenosaunee peoples. The land is part of the Haldimand Tract   |
| Skater Eligibility: | Skaters aged 10-12 as of July 1, 2023<br>Skaters aged 13-29 as of July 1, 2023, that do not meet time standards for the Elite Circuit, or who decline racing in the Elite Circuit.<br>Masters skaters are welcome to register. Masters racing will be mixed-ages (14+) for this event.<br><b>West:</b> Newmarket, Barrie, Brampton, Milton, Oakville, Hamilton, Golden Horseshoe, Niagara, Cambridge, Kitchener Waterloo, London<br><b>Flex clubs:</b> Sudbury, Sault Ste Marie, Thunder Bay  |
| Health Measures     | Please stay home if you are feeling unwell.   |
| Sanctioned By:      | Speed Skating Ontario   |
| Entry Deadline:     | <b>Wednesday October 4, 2023, at 11:59pm. There is no extended deadline.</b>  |
| Entries via:        | All skaters must register <a href="#">HERE</a><br>After the Entry Deadline, Speed Skating Ontario will review meet capacity and out-of-zone or out-of-province registrations. SSO will share a <b>Final List of Skaters</b> with Clubs.   |
| Entry Fee:          | \$75.00 per person.<br>Members of Western Zone clubs (Newmarket, Barrie, Brampton, Milton, Oakville, Hamilton, Golden Horseshoe, Niagara, Cambridge, Kitchener Waterloo and London), please submit payment of \$75.00 to <a href="mailto:executivedirector@ontariospeedskating.ca">executivedirector@ontariospeedskating.ca</a> using the password <b>OSSA2023</b> upon registration. Please include the skater's name in the subject line.<br>Skaters registering as an out-of-region or out-of-province skater, please do not send payment until your registration has been confirmed by SSO.<br>No refunds after the Entry Deadline. |
| Check In:           | Coaches need to check in and confirm skater participation.  |
| Volunteers:         | Please let us know if you are interested in volunteering by completing <a href="#">THIS FORM</a> .  |
| Coaches:            | Coaches in the coaches' box must meet the NCCP requirements indicated in the SSO Technical Bulletin. Coaches are required to register in advance of the meet <a href="#">HERE</a> .<br>The Coaches Meeting time/location will be shared within 24 hours before the meet.  |
| Officials:          | The Officials meeting time/location will be shared within 24 hours before the meet.   |
| Warm Ups            | Warm Up Times will be confirmed with the final distribution   |
| Meet Contact:       | Mary Frances <a href="mailto:executivedirector@ontariospeedskating.ca">executivedirector@ontariospeedskating.ca</a>   |
| Equipment:          | Please see D3-100 in the <a href="#">SSC Red Book</a> .   |