



Hosted by Ottawa Pacers Speed Skating Club

Date:	Sunday January 31, 2027
Location:	Bell Sensplex, 1565 Maple Grove Rd, Stittsville, ON K2V 1A3 Speed Skating Ontario and the Ottawa Pacers Speed Skating Club acknowledge that the ice we skate on and the lands we gather upon are the unceded and traditional territories of the Kanien'kehá:ka (Mohawk), Omàmiwininiwag (Algonquin), and Anishinabewaki ᐱᑦᑭᓴᑦᑎᐅᑦᑎᐅ nations. We recognize the enduring relationship between these Indigenous peoples and their traditional lands and waters. Our relationship to this land is rooted in play—bringing people together to nurture fun, safety, and community through sport. We commit to stewarding these lands with the same intention we bring to sport: ensuring they thrive for generations to come. Let this be a living commitment, reflected in how we learn, share, and honor the wisdom of those who have cared for these waters and lands since time immemorial.
Format:	Ability seeding. Mixed gender racing. All points format. Relays may be included if time allows. Relay priority is for skaters preparing to represent Ontario at Canadian Youth Short Track Championships. See the 2026-2027 SSO Technical Bulletin for details.
Skater Eligibility:	Skaters aged 9-12 as of July 1, 2026 with a recommended 400m time standard of 1:08.00 Skaters aged 13-29 as of July 1, 2026, who do not meet time standards for the Elite Circuit, or who decline racing in the Elite Circuit. All skaters are required to have a Speed Skating Ontario Competitive membership. East: Ottawa, Gloucester, St. Lawrence, Kingston, Quinte, Kawartha, Durham, Markham, Toronto, Meteor, York Flex clubs: Sudbury, Sault Ste Marie, Thunder Bay
Sanctioned By:	Speed Skating Ontario (SSO)
Entry Fees and Deadlines:	Early Registration Deadline: Register before January 10, 2026 \$80.00 Registration Deadline: January 20, 2026 \$90.00 (After the Early Registration Deadline and before the Registration Deadline on January 20, 2026) Late entries may be accepted, up to 24 hours after the close of registrations, if space allows. In addition to the registration fee a \$50.00 late fee will apply.
Entries via:	Eligible skaters from Ottawa, Gloucester, St. Lawrence, Kingston, Quinte, Kawartha, Durham, Markham, Toronto, Meteor, York and Flex Clubs must register through IceReg. The registration link can be found on the SSO website. Skaters looking to register as an Out-of-Region or Out-of-Province skater must register on the Wait List in IceReg. After the Entry Deadline, SSO will review meet capacity and determine if there is space available in the meet for Out of Region skaters. Out of Region skaters accepted into the meet will be provided with a passcode to complete their registration. Only skaters on the waitlist will be accepted into the meet. Please see the Technical Bulletin for additional details.
Check In:	Coaches are required to notify the Provincial Registrar as soon as they become aware of a scratch.
Volunteers:	If you are interested in volunteering, please let us know through the registration process in IceReg.
Coaches:	Coaches in the coaches' box must meet the SSO requirements indicated in the SSO Technical Bulletin. Coaches are required to register in advance of the meet in IceReg.
Coaches and Officials Meeting:	The Coaches and Officials meeting time/location will be shared within 24 hours of the meet.
Warm Ups:	Warmup times will be confirmed with the final distribution.
Meet Contact:	Caleb Caunce events@ontariospeedskating.ca

Equipment:	All skaters are required to meet the equipment requirements outlined in the SSC Red Book and included in the 2026-2027 SSO Technical Bulletin.
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