



East Region Regional Meet

Hosted by Kingston Striders

Date:	October 27, 2024
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Location:	1030 Sunnyside rd, Kingston, Ontario Catarauqui Arena, Kinsman Icepad
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Skater Eligibility:	East Region skaters aged 9 and under Older novice skaters are also welcome to compete. Note: Times from Regional Meets are recorded for development purposes, not ranking
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Sanctioned By:	Speed Skating Ontario
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Entry Fee:	\$40 per person. No refunds after the close of all entries. Payments can be made through home club (check payable to Kingston Striders) or via etransfer to treasurer.ksssc@gmail.com (please note club name in the etransfer notes)
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Entry Deadline:	Friday October 18, 2024 at 11:59pm.
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Entries via:	All skaters must register with their home club registrar. Registrars please send completed club entry forms (Link) to Striders.Registrar@gmail.com
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Check In:	8 AM
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Volunteers:	Please let us know if you are interested in volunteering by emailing Striders.Registrar@gmail.com
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Schedule	Start Time: 9:00 AM – NO ON-ICE WARM UPS, please have skaters warm up off-ice Expected end time: 12 PM (estimate)
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Meet Contact:	Sheri Young, Striders.registrar@gmail.com
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