



**SPEED
SKATING
ONTARIO**



Ontario Elite Short Track Championships

Held in Cambridge

Date:	March 7-8, 2026
Location:	Hespeler Memorial Arena, 640 Ellis Rd, Cambridge, ON, N3C 4N1 Speed Skating Ontario and the Cambridge Speed Skating Club acknowledge that the ice we skate on and the lands we gather upon are the traditional territories of the Anishinabewaki ᐈᓇᐤᓇᐤ, Ho-de-no-sau-nee-ga (Haudenosaunee), Attiwayonderonk (Neutral), and Mississauga peoples, including the Mississaugas of the Credit First Nation. We recognize the enduring relationship between these Indigenous peoples and their traditional lands and waters. Our relationship to this land is rooted in play—bringing people together to nurture fun, safety, and community through sport. We commit to stewarding these lands with the same intention we bring to sport: ensuring they thrive for generations to come. Let this be a living commitment, reflected in how we learn, share, and honor the wisdom of those who have cared for these waters and lands since time immemorial.
Format:	Ability seeding. Gender-specific racing. See the 2025-2026 Technical Bulletin for details.
Skater Eligibility:	All skaters must have a Speed Skating Ontario Competitive Membership and be a permanent resident and reside in the Province of Ontario to participate in the Ontario Elite Championships. The following skaters are invited to participate: <ol style="list-style-type: none">1. Skaters aged 13-29 years old before July 1, 2025 who have met the Ontario Elite Circuit time standards* and have competed on an elite short track racing pathway this season by competing in at least three (3) meets:<ol style="list-style-type: none">a. two (2) Ontario Elite Circuit Meetsb. the third meet could be an Ontario Elite Circuit Meet, an Ontario Single Distance event, an SSC National Competition, or a Long Track Competition sanctioned by a PTSO or SSC.2. Skaters aged 13-29 years old before July 1, 2025 who have met the Ontario Elite Circuit time standards* and have moved from the Provincial Circuit to the Elite Circuit during the 2025-2026 season and have competed in at least three (3) meets:<ol style="list-style-type: none">a. an Ontario Provincial Circuit Meetb. at least one Ontario Elite Circuit Meetc. the third meet could be an Ontario Provincial Circuit Meet, an Ontario Elite Circuit Meet, an Ontario Single Distance event, an SSC National Competition, or a Long Track Competition sanctioned by a PTSO or SSC. <p>Skaters must race in the Championships that align with the Ontario racing circuit in which they finished the season.</p> <p>Skaters who competed in the Ontario Provincial Championships are not eligible for the Ontario Elite Championships.</p> <p>500m: M: 1:00.00; F: 1:05.00 400m: M: 0:48.98; F: 0:53.06</p>

Please make sure you meet the eligibility requirements prior to registering. Refer to the 2025-2026 SSO Championship Bulletin if you have any questions about eligibility.

Health Measures:	Please stay home if you are feeling unwell.
Sanctioned By:	Speed Skating Ontario
Entry Fee:	\$145.00 + HST
Entry Deadline:	Registration Deadline: Feb 20, 2026 \$145.00 HST Late entries may be accepted, up to 24 hours after the close of registrations, if space allows. In addition to the registration fee a \$100.00 + HST late fee will apply. Late registration deadline is Feb 22 at 12noon The deadline to register with preferred t-shirt size is Feb 8, 2026. After this deadline we cannot guarantee sizes
Entries via:	All skaters must register through IceReg.
Scratches:	Coaches are required to notify the Provincial Registrar as soon as they become aware of a scratch.
Volunteers:	If you are interested in volunteering, please let us know through the registration process in IceReg.
Coaches:	Coaches in the coaches' box must meet the SSO requirements indicated in the SSO Technical Bulletin. Coaches are required to register in advance of the meet in IceReg.
Coaches and Officials Meeting:	The Coaches and Officials meeting time/location will be shared within 24 hours of the meet.
Warm Ups:	Warmup times will be confirmed with the final distribution.
Meet Contact:	Caleb Caunce events@ontariospeedskating.ca
Equipment:	All skaters are required to meet the equipment requirements outlined in the SSC Red Book and included in the 2025-2026 SSO Technical Bulletin.