



2024 Ontario Provincial Short Track Championships and CYSTC Selection Hosted by Kingston Striders

Date:	March 9-10, 2024
Location:	Catarauqui Arena - 1030 Sunnyside Rd, Kingston, Ontario The Catarauqui Arena is located on the territory of the Haudenosaunee and Anishinabek peoples
Format:	Please see the 2024 Provincial Championships Technical Bulletin/CYSTC Selection Criteria for details.
Skater Eligibility:	Skaters aged 9-13 as of July 1, 2023 Skaters aged 14-29 as of July 1, 2023, that do not meet time standards for the Elite Circuit, or who decline racing in the Elite Circuit All skaters 13 years of age will compete at the Provincial Championships. Skaters who are 13 years of age must have competed in at least two competitions from the Provincial Circuit, Elite Circuit, or Time Trials during the 2023-2024 season. All other skaters must have competed in at least two Provincial Circuit meets in the 2023-2024 season to be eligible to participate in the Ontario Provincial Championships. The Provincial Midseason meet may count as one of the two events. Due to competition conflict, participation in Canadian Youth Long Track Championships may also count as one of the two events a skater is required to participate in for the 2023-2024 season. All skaters must have a Speed Skating Ontario Competitive Membership
Health Measures:	Please stay home if you are feeling unwell.
Sanctioned By:	Speed Skating Ontario and Speed Skating Canada
Entry Fee:	\$120.00 per skater. No refunds after the close of all entries.
Entry Deadline:	Sunday February 25, 2024 at 11:59pm. Late registrations will not be accepted.
Entries via:	All skaters must register through IceReg
Check In:	Coaches are required to check in and confirm skaters' participation.
Volunteers:	Please let us know if you are interested in volunteering when registering through IceReg
Coaches:	Coaches in the coaches' box must meet the NCCP requirements indicated in the SSO Technical Bulletin Coaches are required to register in advance of the meet HERE . The Coaches Meeting time/location will be shared within 24 hours before the meet.
Officials:	The Officials meeting time/location will be shared within 24 hours before the meet.
Warm Ups:	Warmup times will be confirmed with the final distribution.
Meet Contact:	Caleb Counce events@ontariospeedskating.ca
Equipment:	Please see D3-100 in the SSC Red Book