



Speed Skating Ontario Time Trials #2

Hosted by the Oakville Speed Skating Club

Date:	Sunday October 22, 2023
Location:	River Oaks Community Centre 2400 Sixth Line Oakville, ON The River Oaks Community Centre is located on the territory of the Haudenosaunee Anishinabewaki, Attiwonderonk (Neutral), Mississauga and Mississaugas of the Credit First Nation peoples.
Format:	Skaters aged 13-29 will race in mixed gender groups with seeding based on ability. See the 2023 -2024 Technical Bulletin for details.
Skater Eligibility:	Skaters aged 13-29 with a Speed Skating Ontario Competitive Membership. Entry Time Standards for SSO Time Trials (skated since August 1, 2022) 500m: M: 1:05.00; F: 1:10.00 or 400m: M: 0:53.06 F: 0:57.14
Out Province Skaters	An out-of-province skater is registered as a speed skater in another Province, Territory or State other than Ontario. Out-of-province skaters may be considered to attend the Ontario Time Trials provided they register as per the posted timelines; they meet the age requirement and time standards and there are no remaining waitlisted skaters from in-province. Acceptance into the meet will be dependent upon space availability in the meet, and will be determined by the Chief Referee, Chief Recorder and Technical Director.
Health Measures:	Please stay home if you are feeling unwell.
Sanctioned By:	Speed Skating Ontario and Speed Skating Canada
Entry Fee:	\$84.75 (\$75.00 + HST) per person. No refunds after the close of all entries.
Entry Deadline:	Wednesday October 11, 2023 at 11:59pm. There is no extended deadline.
Entries via:	All eligible skaters must register HERE
Check In:	Coaches are required to check in and confirm skater participation.
Volunteers:	Please let us know if you are interested in volunteering by completing THIS FORM .
Coaches:	Coaches are required to register in advance of the meet HERE . The Coaches Meeting time/location will be shared within 24 hours before the meet. Coaches in the coaches' box must meet the NCCP requirements indicated in the SSO Technical Bulletin
Officials:	The Officials meeting time/location will be shared within 24 hours before the meet.
Warm Ups	Warmup times will be confirmed with the final distribution.
Meet Contact:	Caleb Counce events@ontariospeedskating.ca
Equipment:	Please see D3-100 in the SSC Red Book .