



West Region Regional Meet

Hosted by London Speed Skating Club

Date:	Sunday, January 5, 2025 10 AM – 2 PM
Location:	Western Fair Sports Centre 865 Florence St, London, ON, N5W 6G6 (London Major Appliances Rink)
Skater Eligibility:	West Region Club skaters aged 9 and under, older novice skaters and Master Skaters are welcome to complete. Note: Times from Regional Meets are recorded for development purposes, not ranking.
Health Measures:	Please stay home if you are feeling unwell.
Sanctioned By:	Speed Skating Ontario Fun introductory racing.
Entry Fee:	\$ 40 per person. No refunds after the close of registration. Payments can be made through home club (cheque payable to London Speed Skating Club) or via etransfer to treasurer.Londonspeedskating@gmail.com (please note club name in the etransfer notes)
Entry Deadline:	Friday, December 27, 2024 at 11:59pm
Entries via:	All skaters must register through the link HERE
Check In:	Coaches should notify the host club if any skaters are absent before racing begins.
Volunteers:	Please let us know if you are interested in volunteering by contacting Londonspeedskating@gmail.com
Schedule:	Racing start time 10am, NO On-ice warm ups, skaters will warm up off ice
Meet Contact:	Jeremy Toth prez.londonspeedskating@gmail.com
Equipment:	Please see D3-100 in the SSC Red Book .