



**SPEED
SKATING
ONTARIO**

Team Ontario Selection Criteria for the Canadian Youth Long Track Championships

October 2023

SELECTION CRITERIA: 2024 CANADIAN YOUTH LONG TRACK CHAMPIONSHIPS (CYLTC)

Location of Championships

The 2024 CYLTC will be hosted in Quebec City on February 10-11, 2024.

Timeline

Preliminary entries for CYLTC are due to Speed Skating Canada (SSC) on January 22, 2024.

Final entries are due on January 30, 2024.

Age Eligibility

Skaters aged 11-13 before July 1, 2023 are eligible for the 2024 CYLTC.

CYLTC Format

The format of the CYLTC is available in the SSC CYLTC Bulletin on the SSC [LT bulletins page](#).

Skaters and coaches should familiarize themselves with the CYLTC Bulletin.

Quota Spots on Team Ontario

The quota number of skaters that the Speed Skating Ontario (SSO) may send to CYLTC is 2 skaters per eligible age/gender. Additional spots may become available for additional team members if other Branches decline their spots.

Selection Criteria

The primary selection event for CYLTC will be the 2024 Ontario Provincial Long Track Championships on January 27-28, 2024 in Ottawa, Ontario. Overall placement within each age-eligible Age Class at the Ontario Provincial Championships will determine the primary and alternate skaters for Team Ontario at CYLTC.

In the event that the Ontario Provincial Long Track Championships are not able to be hosted on January 27-28, 2024 in Ottawa, Team Ontario for the CYLTC will be selected based on the fastest 500m times skated between October 28, 2023 and January 21, 2024, inclusive, and posted on [speedskatingresults.com](#). Times will not be accepted from High Altitude locations such as Calgary or Salt Lake City. Indoor times will be compared to outdoor times by using a conversion of 107%.

The following events are recommended to attempt 500m times for Team Ontario selection:

- Coupe Jeunesse #1 – Quebec City – October 28/29, 2023
- Milwaukee Time Trials #4 – Milwaukee – November 18, 2023
- Milwaukee Time Trials #5 – Milwaukee – December 2, 2023
- Coupe Jeunesse #2 – Quebec City – December 9/10, 2023
- Milwaukee Time Trials #6 – Milwaukee – December 16, 2023
- Lake Placid Time Trials – Lake Placid – December 30, 2023 (TBC)
- Western Canadian Outdoor Classic – Winnipeg – January 13-14, 2024

Intent for Team Ontario Consideration

Skaters wanting to be considered for the 2024 CYLTC must inform the SSO office by filling out this [Submission of Interest Form](#) by **Friday January 12, 2024**. Skaters who submit interest after this time will not be considered for Team Ontario at CYLTC.

Announcement of Team Ontario

On **January 29, 2024**, the SSO Technical Committee will announce the provisional team consisting of 2 primary skaters and up to 3 alternates per eligible age class to represent Ontario at the CYLTC.