



**SPEED
SKATING
ONTARIO**

2024-2025

**Long Track Championships
Technical Bulletin**

November, 2024

PREAMBLE

The purpose of this Bulletin is to provide information concerning the format of the Ontario Provincial Long Track Championships, including competition regulations that define the eligibility and running of the Championships and the selection and eligibility requirements for the Canadian Youth Long Track Championships (CYLTC).

The statements made in this Technical Bulletin remain in effect unless they are superseded in an amended bulletin.

ONTARIO PROVINCIAL LONG TRACK CHAMPIONSHIPS

The Ontario Provincial Long Track Championships will be held on February 1 and 2, 2025 at the Brewer Oval in Ottawa, Ontario, weather permitting.

Event and competition information will be shared at a later date.

SELECTION CRITERIA: 2025 CANADIAN YOUTH LONG TRACK CHAMPIONSHIPS (CYLTC)

The 2025 Canadian Youth Long Track Championships (CYLTC) will be hosted in Fort St. John, British Columbia on February 7 – 9, 2025.

Age Eligibility

Skaters aged 11-13 before July 1, 2024 are eligible for the 2025 CYLTC.

CYLTC Format

The format of the CYLTC can be found in the SSC CYLTC Bulletin on the SSC [LT bulletins page](#). Skaters and coaches should familiarize themselves with the CYLTC Bulletin.

Quota Spots on Team Ontario

Speed Skating Ontario (SSO) may send 2 eligible skaters per age and gender to CYLTC. Additional spots may become available for additional team members based on entry times compared to other provinces.

Selection Criteria for Team Ontario

Skaters will be selected for the CYLTC based on the fastest 500m long track times skated between January 1, 2024 and January 19, 2025, inclusive. Time entries are eligible from any sanctioned long track speed skating event (SSC, PTSO or other NSO, example US Speedskating).

Competition protocols must be available to confirm time entries.

Timeline

Preliminary entries for CYLTC are due to Speed Skating Canada (SSC) on January 20, 2025. Participant lists will be posted on January 21, 2025. Final registration will be due on IceReg January 31, 2025.

Intent for Team Ontario Consideration

Eligible skaters interested in competing at the 2025 CYLTC must submit their long track times to SSO by January 19, 2025 using the SSO Time Submissions for National Meets form.

The form will be shared with clubs by January 12, 2025.

Announcement of Team Ontario

On January 21, 2025, SSO will announce the provisional team once the participant lists are posted by SSC.