



## Ontario Long Track Provincial Championship

Date:	January 27-28, 2024 This meet is subject to change or cancellation due to weather
Location:	<b>Brewer Park Oval</b> – <a href="#">100 Brewer Way, Ottawa</a> Brewer Park is located on the traditional territories of the Kanien'kehá:ka, Omàmiwininiwag and Anishinabewaki Nations.
Format:	This is an Age Class Championship event with both Mass Start and Olympic Style racing. See the 2024 SSO LT Provincial Championships <a href="#">Technical Bulletin</a> for details.
Skater Eligibility:	Skaters with a SSO competitive membership aged 7 years old and above before July 1, 2023 are eligible for the Ontario Provincial Long Track Championships.
Health Measures:	Please stay home if you are feeling unwell.
Sanctioned By:	Speed Skating Ontario (SSO)
Entry Fee:	\$100 + HST (\$113) per skater for skaters aged 7-13 years \$100 + HST (\$113) per skater for Open (14 years +) skaters competing in both Sprint and All Round events (500m (2), 1000m (2), 1500m, 3000m women /5000m men, ISU Mass Start) \$70 + HST (\$79.10) per skater for Sprint event only (500m (2), 1000m (2), ISU Mass Start) \$70 + HST (\$79.10) per skater for All Round event only (500(1), 1000m(1), 1500m(1), 3000m women /5000m men (1), ISU Mass Start) No refunds after the close of entries. Payment made via E-Transfer to <a href="mailto:executivedirector@ontariospeedskating.ca">executivedirector@ontariospeedskating.ca</a> using the password OSSA24 <b>If the meet is cancelled due to weather, refunds will be issued.</b>
Entry Deadline:	<b>Saturday January 20, 2024 at 11:59 pm. There is no extended deadline.</b>
Entries via:	Please register using this <a href="#">Google Form</a> . Please fill out the Google Form once for each skater you would like to register for Long Track Provincial Championships.
Check In:	Coaches are required to check in and confirm skaters' participation.
Volunteers:	Please let us know if you are interested in volunteering by completing <a href="#">THIS FORM</a>
Coaches:	Coaches in the coaches' box must meet the NCCP requirements indicated in the SSO Technical Bulletin Coaches are required to register in advance of the meet <a href="#">HERE</a> . The Coaches Meeting time/location will be shared within 24 hours before the meet.
Officials:	The Officials meeting time/location will be shared within 24 hours before the meet.
Warm Ups:	Warmup times will be confirmed with the final distribution.
Meet Contact:	Caleb Counce <a href="mailto:events@ontariospeedskating.ca">events@ontariospeedskating.ca</a>
Equipment:	Please see D3-100 in the <a href="#">SSC Red Book</a>