



East Region Regional Meet

Hosted by Quinte Blades Speed Skating Club

Date:	Sunday, December 15, 2024 10 AM – 1 PM
Location:	Quinte Sports & Wellness Centre, Wally Dever Arena, 265 Cannifton Road, Belleville, ON
Skater Eligibility:	East Region Club skaters aged 9 and under, older novice skaters and Master Skaters are welcome to complete. Note: Times from Regional Meets are recorded for development purposes, not ranking.
Health Measures:	Please stay home if you are feeling unwell.
Sanctioned By:	Speed Skating Ontario Finals Only Format, Mixed gender, fun introductory racing.
Entry Fee:	\$ 40 per person. No refunds after the close of registration. Payments can be made through home club (check payable to Quinte Blades) or via etransfer to quinte.blades@gmail.com (please note club name in the etransfer notes)
Entry Deadline:	Saturday, December 7, 2024 at 11:59pm
Entries via:	All skaters must register through their club registrar. Registrars please send completed club entry forms (<u>Link</u>) to quinte.blades@gmail.com
Check In:	Coaches should notify the host club if any skaters are absent before racing begins.
Volunteers:	Please let us know if you are interested in volunteering by contacting quinte.blades@gmail.com
Schedule:	Racing start time 10:15am, NO On-ice warm ups, skates will warm up off ice Pizza Social to follow at 1pm (RSVP to quinte.blades@gmail.com)
Meet Contact:	Laura Woodall quinte.blades@gmail.com
Equipment:	Please see D3-100 in the <u>SSC Red Book</u> .