



## **Regional Meet**

## Hosted by Toronto Cyclones Speed Skating Club

Date:	October 25, 2025, 1:00PM-4:00PM.  Mats on at 1:00PM sharp – racing to start immediately after.
Location:	Commander Park Arena - 140 Commander Blvd, Scarborough, ON M1S 3H7  The City of Toronto is situated upon traditional territories of the  Anishinaabe Peoples and of the Haudenosaunee Peoples
Skater Eligibility:	Skaters with a Speed Skating Ontario Club Membership aged 4-8 or older novice skaters as identified by their Club Coach.  Provincial Circuit skaters are not eligible.  For Central Clubs: Toronto, Markham, Durham, Newmarket, Brampton, Barrie, Meteor and Flex Regions: Sudbury, Sault Ste. Marie, Thunder Bay
Health Measures:	Please stay home if you are feeling unwell.
Sanctioned By:	Speed Skating Ontario Super Final Format: Mixed gender, fun introductory racing. No on ice warm ups.
Entry Fee:	\$30 per person. No refunds after the close of registration.
Entry Deadline:	October 15, 2025 at 11:59pm.
Entries via:	Skaters register through their home club, and home clubs will submit a club spreadsheet to tssc.meetcoordinator@gmail.com. 200M seed time required.  Payment accepted through club cheque.
Check In:	Coaches should notify the host club if any skaters are absent before racing begins.
Volunteers:	Please let us know if you are interested in volunteering by August October 22, 2025 at tssc.meetcoordinator@gmail.com
Coaches:	Coaches will meet prior to the start of racing in the coaches' box.
Officials:	Officials will meet prior to the start of racing.
Meet Contact:	tssc.meetcoordinator@gmail.com
Equipment:	Please see D3-100 in the <u>SSC Red Book</u> .