



## 2023-2024 Competition Calendar – updated January - March 2024

Events and dates are subject to change

Month	Date	SHORT TRACK				LONG TRACK	NATIONAL
		Regional Circuit	Provincial Circuit	Elite Circuit	ST Meets in Other PTSOs	LT Meets	Both ST and LT
January	6,7	Regional Meet Sudbury Fri Jan 5				Alberta Open LT	Cdn Jr LT Champs/ LT Canada Cup 1 - Quebec City
	13,14		Provincial West 3 - Milton (Sat Jan 13)		QC Prov 3 A/B/C & Collegial #3		
	20,21			Elite 3 Newmarket			Canadian Jr ST Open - Chicoutimi
	27,28					SSO Long Track Championships Atlantic Cup LT Halifax	ST Canada Cup 1 - Sherbrooke
February  Family Day Feb 19	3,4	West Regional KW (Feb 3)				Calgary LT Winter Classic Sudbury LT Camp and Competition	Canadian Neo-Jr LT Champs - Ft St John
	10,11		Provincial East 3 - St Lawrence (Feb 11)		QC Prov 4 A/B		Canadian Youth LT Champs - QC
	17,18	Hamilton - Mon Feb 19 Family Day	Provincial East 4 - Toronto (Feb 18)		QC Prov 4C		
	24,25		Provincial West 4 - Barrie (Feb 24)			Quebec Cup LT 3	
March  Easter March 31	2,3			Elite Championships Oakville	WEC 2 - Calgary	Calgary LT Time Trials 5	
	9,10		Provincial Championships Kingston			LT Grand Prix - Calgary	LT Canada Cup Final - Calgary
	16,17	Regional Meet London (Mar16)				LT Oval Finale - Calgary	ST Canada Cup Final - Quebec City
	23,24	Regional Championships Hamilton March 24 Regional Meet Ottawa Tuesday March 26				Jeunesse champs LT	ST Canada Cup Jr Final - Richmond BC
	30,31					QC 14-15 Champs LT	Canadian Youth ST Championships East Rimouski, QC