



**SPEED
SKATING
ONTARIO**



Regional Meet

Hosted by St. Lawrence Speed Skating Club

- Date: **Sunday, November, 24th , 2024**
- Location: **100 Magedoma Boulevard, Brockville, ON, Canada**
- Skater Eligibility: East Region skaters aged 9 and under
Older novice skaters are also welcome to compete.
Note: Times from Regional Meets are recorded for development purposes, not ranking
- Health Measures: Please stay home if you are feeling unwell.
- Sanctioned By: Speed Skating Ontario
- Entry Fee: \$40 per person. No refunds after the close of registration.
- Entry Deadline: **Friday, November 15, 2024 @11:59pm.**
- Entries via: All skaters must register with their home club registrar.
Registrars, please send completed club entry forms
([Link](#)) to info@stlawrencespeedskatingclub.org
- Check In: Coaches should notify the host club if any skaters are absent before racing begins.
- Volunteers: Please let us know if you are interested in volunteering by emailing info@stlawrencespeedskatingclub.org
8am
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- Schedule: Start Time: 9:00 AM – NO ON-ICE WARM UPS, please have skaters warm up off-ice Expected end time: 12 PM (estimate)
- Meet Contact Allison Boone (Registrar)
info@stlawrencespeedskatingclub.org