



## Ontario Provincial Circuit West #3

### Hosted by Milton Speed Skating Club

Date:	Saturday January 13, 2024
Location:	<b>Milton Sports Center 605 Santa Maria Blvd, Milton, ON L9T 6J5</b> The Milton Sports Centre is located on the territory of the Attiwonderonk, Mississaugas of the First Credit Nation, Anishinabewaki, Haudenosaunee and Mississauga peoples
Format:	Ability seeding. Mixed gender racing. All points format. Relays may be included if time allows. Relay priority is for skaters preparing to represent Ontario at Canadian Youth Short Track Championships. See the 2023-2024 SSO Technical Bulletin for details.
Skater Eligibility:	Skaters aged 9-12 as of July 1, 2023 with a recommended 400m time standard of 1:08.00. Skaters aged 13-29 as of July 1, 2023, that do not meet time standards for the Elite Circuit, or who declined racing in the Elite Circuit. Special Olympics Skaters Masters skaters are welcome to register. Masters racing will be mixed-ages (14+) for this event <b>West:</b> Newmarket, Barrie, Brampton, Milton, Oakville, Hamilton, Niagara, Cambridge, Kitchener Waterloo, London <b>Flex clubs:</b> Sudbury, Sault Ste Marie, Thunder Bay All skaters are required to have a Speed Skating Ontario Competitive membership.
Health Measures:	Please stay home if you are feeling unwell.
Sanctioned By:	Speed Skating Ontario
Entry Fee:	\$75.00 per person. No refunds after the close of all entries.
Entry Deadline:	<b>Wednesday January 3, 2024 at 11:59pm. There is no extended deadline.</b>
Entries via:	Skaters from <b>Newmarket, Barrie, Brampton, Milton, Oakville, Hamilton, Niagara, Cambridge, Kitchener Waterloo, London and Flex Clubs</b> must register through IceReg Skaters looking to register as an out-of-zone or out-of-province skater, please submit your interest by completing the Out of Region Google form on the Meet Announcement page on the SSO website or <a href="#">HERE</a> After the Entry Deadline, SSO will review meet capacity and out-of-zone or out-of-province registrations to determine if there is space available in the meet. SSO will share a Final List of skaters accepted into the meet with the Clubs.
Check In:	Coaches are required to check in and confirm skaters' participation.
Volunteers:	Please let us know if you are interested in volunteering by completing <a href="#">THIS FORM</a>
Coaches:	Coaches in the coaches' box must meet the NCCP requirements indicated in the SSO Technical Bulletin Coaches are required to register in advance of the meet <a href="#">HERE</a> . The Coaches Meeting time/location will be shared within 24 hours before the meet.
Officials:	The Officials meeting time/location will be shared within 24 hours before the meet.
Warm Ups:	Warmup times will be confirmed with the final distribution.
Meet Contact:	Caleb Counce <a href="mailto:events@ontariospeedskating.ca">events@ontariospeedskating.ca</a>
Equipment:	Please see D3-100 in the <a href="#">SSC Red Book</a>