



Regional Meet

Hosted by Sudbury Sprinters Speed Skating Club

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| Date: | Friday, January 5 th , 2024; 2PM – 5PM; First race 2PM sharp. |
| Location: | Gerry McCrory Countryside Sports Complex, Ice Pad 1 235 Countryside Dr, Greater Sudbury, ON P3A 5A2 <i>Sudbury is on the Robinson-Huron Treaty territory and the land is the traditional territory of the Atikameksheng Anishnawbek as well as Wahnapiatae First Nation.</i> |
| Skater Eligibility: | All zones; Speed Skating Ontario Membership Skaters aged 4-8, aged 9-13 with 1-3 years' experience, Masters skaters not requiring Level 3 padding (KEF below 0.60, see SSC Red Book , p.64) |
| Health Measures: | Please stay home if you are feeling unwell. |
| Sanctioned By: | Speed Skating Ontario |
| Entry Fee: | 20\$ per person. No refunds after the close of registration. |
| Payment via: | One club E-transfer to treasurer@sudburysprinters.com with a note "Regional Meet Registration" (please note Club name in E-transfer notes) OR one club cheque made out to "Sudbury Sprinters Speed Skating Club" December 27th, 2023 at 4PM |
| Entry Deadline: | Clubs may ask their members to submit their interest sooner than this date. Check with your home club. |
| Entries via: | All skaters must register with their home club registrar. Registrars please send completed club entry forms (Link) to info@sudburysprinters.com . Only one spreadsheet submission per club please. |
| Check In: | 1 PM Coaches should notify the host club if any skaters are absent before racing begins. |
| Schedule: | NO ON-ICE WARM UPS. Please have skaters warm up off-ice. Duration approximately 3 hours. |
| Volunteers: | Volunteers are needed from other clubs to support our volunteers for this meet. Please let us know are interested in volunteering! Email info@sudburysprinters.com . |
| Coaches/Officials/Volunteers: | No formal meeting. Coaches will meet prior to the start of racing in the coaches' box. Officials will meet at 1:45pm at their station. |
| Meet Contact: | Natalie Lefort, info@sudburysprinters.com |
| Equipment: | Please see D3-100 in the SSC Red Book . |
| INVITATION | JOIN US AT OUR OUTDOOR QUEEN'S ATHLETIC SKATING OVAL ON SATURDAY, JANUARY 6th AND SUNDAY, JANUARY 7th, FROM 10AM - NOON FOR PRACTICE. WEATHER DEPENDENT. \$10 per practice |
