



Ontario Provincial Circuit East #2

Hosted by: Quinte Blades

Date:	Sunday November 19, 2023
Location:	Quinte Sports & Wellness Centre, MacKay Insurance Arena 265 Cannifton Rd, Belleville ON K8N 2Y8 Belleville is located on the traditional territory of the Anishinaabe, Huron-Wendat and Haudenosaunee people. The land lies on unceded Indigenous territory.
Format:	Ability seeding. Mixed gender racing. All points format. Relays may be included if time allows. Relay priority is for skaters preparing to represent Ontario at Canadian Youth Short Track Championships. See the 2023-2024 Technical Bulletin for details.
Skater Eligibility:	Skaters aged 9-12 as of July 1, 2023 with a recommended 400m time standard of 1:08.00 . Skaters aged 13-29 as of July 1, 2023, that do not meet time standards for the Elite Circuit, or who decline racing in the Elite Circuit. Special Olympic skaters Masters skaters are welcome to register. Masters racing will be mixed-ages (14+) for this event. East Clubs: Ottawa, Gloucester, St. Lawrence, Kingston, Quinte, Kawartha, Durham, Markham, Toronto, Meteor Flex clubs: Sudbury, Sault Ste Marie, Thunder Bay
Health Measures:	Please stay home if you are feeling unwell.
Sanctioned By:	Speed Skating Ontario (SSO)
Entry Fee:	\$75.00 per person. No refunds after the Entry Deadline.
Entry Deadline:	Wednesday November 8, 2023 at 11:59pm. There is no extended deadline.
Entries via:	Skaters from Ottawa, Gloucester, St. Lawrence, Kingston, Quinte, Kawartha, Durham, Markham, Toronto, Meteor and Flex Clubs must register on IceReg HERE Skaters looking to register as an out-of-zone or out-of-province skater, please submit your interest by completing the google form HERE . After the Entry Deadline, SSO will review meet capacity and out-of-zone or out-of-province registrations to determine if there is space available in the meet. SSO will share a Final List of Skaters accepted into the meet with the Clubs.
Check In:	Coaches are required to check in and confirm skaters' participation.
Volunteers:	Please let us know if you are interested in volunteering by completing THIS FORM
Coaches:	Coaches in the coaches' box must meet the NCCP requirements indicated in the SSO Technical Bulletin Coaches are required to register in advance of the meet HERE . The Coaches Meeting time/location will be shared within 24 hours before the meet.
Officials:	The Officials meeting time/location will be shared within 24 hours before the meet.
Warm Ups:	Warmup times will be confirmed with the final distribution.
Meet Contact:	Caleb Caunce events@ontariospeedskating.ca
Equipment:	Please see D3-100 in the SSC Red Book